





| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|---|--|---|
|  | | | | |
| 1 Orange Chicken w/ Chow Mein Noodles & Oriental Vegetables Fresh Orange &/or Applesauce Baby Carrots &/or Celery Sticks Choice of Milk | 2 Lasagna Rollup & Italian Vegetables w/ Dinner Roll Fresh Apple &/or Pineapple Cup Baby Carrots &/or Celery Sticks Choice of Milk | 3 Proviso Wing Bar & Fries w/ Dinner Roll Banana &/or Mixed Fruit Cup Baby Carrots &/or Celery Sticks Choice of Milk | 4 Chicken & Dumplings w/ Dinner Roll Fresh Pear &/or Diced Peaches Baby Carrots &/or Celery Sticks Choice of Milk | 5 Italian Beef & Fries Fresh Apple &/or Diced Mango Baby Carrots &/or Celery Sticks Choice of Milk |
|  | 15 Oven Fried Chicken, Mashed Potatoes & Cali Blend Vegetables w/ Dinner Roll Fresh Apple &/or Applesauce Baby Carrots &/or Celery Sticks Choice of Milk | 16 Pork Polish & Green Peppers & Onions w/ Baked Beans Banana &/or Mixed Fruit Cup Baby Carrots &/or Celery Sticks Choice of Milk | 17 Chicken Tenders & Waffles w/ Seasoned Diced Potatoes &/or Peas & Carrots Fresh Orange &/or Diced Peaches Baby Carrots &/or Celery Sticks Choice of Milk | 18 Cheddar Broccoli Soup & Mixed Vegetables w/ Dinner Roll Fresh Pear &/or Diced Mango Baby Carrots &/or Celery Sticks Choice of Milk |
| 21 Spaghetti with Meat Sauce Spaghetti Marinara Italian Vegetables & Garlic Bread Fresh Orange &/or Diced Peaches Baby Carrots &/or Celery Sticks Choice of Milk | 22 Teriyaki Beef Dippers w/ Steamed Brown Rice & Oriental Vegetable Fresh Apple &/or Pineapple Cup Baby Carrots &/or Celery Sticks Choice of Milk | 23 Proviso Boneless Wing Bar & Fries w/ Dinner Roll Banana &/or Mixed Fruit Cup Baby Carrots &/or Celery Sticks Choice of Milk | 24 Chicken Pot Pie & Mixed Vegetable w/ Dinner Roll Fresh Apple &/or Mandarin Oranges Baby Carrots &/or Celery Sticks Choice of Milk | 25  |
| 28 Baked Italian Ravioli & Italian Vegetables w/ Garlic Bread Fresh Orange &/or Diced Mango Baby Carrots &/or Celery Sticks Choice of Milk | 29 Barbeque Pulled Pork Sandwich w/ Baked Beans Fresh Apple &/or Diced Pears Baby Carrots &/or Celery Sticks Choice of Milk | 30 Smothered Chicken Leg, Corn, Mashed Potatoes & Gravy w/ Dinner Roll Fresh Banana &/or Mixed Fruit Cup Baby Carrots &/or Celery Sticks Choice of Milk | 31  | |

SERVED DAILY: Fresh fruits and vegetables, whole grains, 1% white milk. Please ask cafeteria manager for gluten free options. **These products are funded by the USDA. This institution is an equal opportunity provider.** Menu items subject to change due to availability. Please contact the cafeteria manager prior to the menu with any questions.

Menu Prices

Students: First lunch is **FREE**, second lunch \$3.00

Adults: \$5.50